

About UCR Health

World Class UC-Care Near You

Soyeon Jin

Marketing & Communications Specialist

UCR Health

March 2026



Our Mission

To deliver exceptional, compassionate, patient-centered care for the community.

We will accomplish this by expanding primary care, specialty, ambulatory, inpatient, and procedural capabilities and research and developing the next generation of physicians serving the Inland Empire.

Our Vision

To be the leading healthcare provider in the Inland Empire, improving the health of individuals and families through mission-driven collaboration, outstanding education, and innovative care delivery.

We will accomplish this through world-class UC-Care quality, viability, sustainability, regionally integrated clinical network, and a long-term commitment to the Inland Empire.

Care for All Residents Across the Inland Empire



CHILDHOOD IS FULL OF WONDER

WE OFFER
Preventive Care & Immunizations
Primary & Infant Specialty Care
Sick Visits & Well-Child Checkups
Pediatric Mental Health Support

WE ACCEPT
Aetna
Blue Cross
Cigna
UC Blue & Gold
Health Net
Inland Empire Health Plan (IEHP)
and More!

*HMO insurance requires selecting UCR Health as your health plan or your primary care physician.

EXPERT CARE FOR EVERY AGE AND STAGE

We understand how important it is to find trusted experts who can support your child's physical, emotional, and mental needs. Our comprehensive team is here to provide care that grows with your child—from infancy through adolescence.

Meet our providers, here to support your child's health journey:



ROOPA VIRARAGHAVAN, MD
PEDIATRIC INFECTIOUS DISEASES SPECIALIST
Accepting New Patients



TEJAL KHANDHAR, DO
PEDIATRICIAN
Accepting New Patients



TOSHIA ANN YAMAGUCHI, MD
CHILD AND ADOLESCENT PSYCHIATRIST
Accepting New Patients



YOUR HEALTH. OUR PRIORITY.

Cardiology | Family Medicine | Gynecologic Oncology | Internal Medicine
Maternal-Fetal Medicine | Minimally Invasive Gynecologic Surgery
Neurology | Obstetrics and Gynecology | Pain Medicine
Pediatrics | Psychiatry | Rheumatology | Urogynecology

EXPERTS FOR EVERY AGE



ALL MAJOR INSURANCE ACCEPTED.
Riverside | La Quinta | Corona, CA - coming soon!

UCRHEALTH.ORG
844.827.8000



START YOUR JOURNEY TOWARD BETTER HEALTH

TAKE CHARGE OF YOUR HEALTH TODAY.

Enhance your overall health and quality of life. As the Inland Empire's premier academic health system, UCR Health's compassionate care team is here to offer individualized care to help you live your best life.

CONDITIONS WE TREAT
Dementia
Depression
Falls
Frailty
Gait Instability
Heart Disease
Impaired Cognition
Neurology
Psychiatry

WE ACCEPT
Aetna
Anthem Blue Cross
Health Net
Inland Empire Health Plan (IEHP)
Medi-Cal
Medicare
And More

*HMO insurance requires selecting UCR Health or a UCR Health physician as your primary care physician.

Meet our providers, here to support your health journey:



LAMA AL-KHOURY, MD
NEUROLOGIST
Accepting New Patients



PETER URESTE, MD
GERIATRIC PSYCHIATRIST
Accepting New Patients



ALJA TUQAN, MD
GERIATRICIAN
Accepting New Patients



RAMY SADEK, MD
CARDIOLOGIST
Accepting New Patients



NEW YEAR. NEW YOU.

START YOUR JOURNEY TOWARD BETTER HEALTH.

WORLD CLASS PRIMARY AND SPECIALTY CARE AT A LOCATION NEAR YOU.

NEED A DOCTOR?



UCRHEALTH.ORG | 844.827.8000

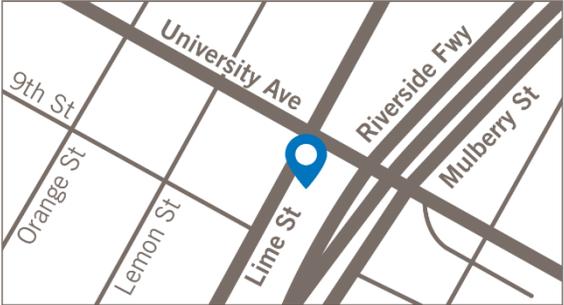
TAKE CHARGE OF YOUR HEALTH TODAY.

Improve your overall health and quality of life. As the Inland Empire's premier academic health system, UCR Health's compassionate, care team is here to offer individualized care to help you live your best life.

- Convenient locations in Riverside and the Coachella Valley
- Expert providers in primary and specialty care
- Online and mobile tools to connect with your care team

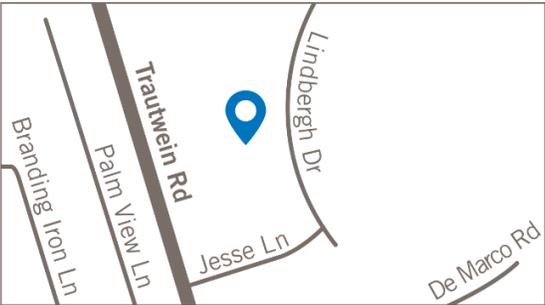
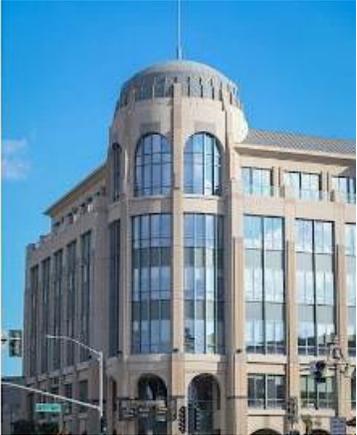
UC employees can call UCR Health's Patient Access Center (844-827-8000) to find providers for UC Blue & Gold HMO (Health Net), UC Care PPO or HealthSavings+ PPO (Blue Shield of California).

Updated Naming: Same Sites, Same Great Care!



UCR Health | *Riverside Downtown (Primary)*
3390 University Avenue, Suite 100
Riverside, CA 92501

UCR Health | *Riverside Downtown (Specialty)*
3390 University Avenue, Suite 115
Riverside, CA 92501



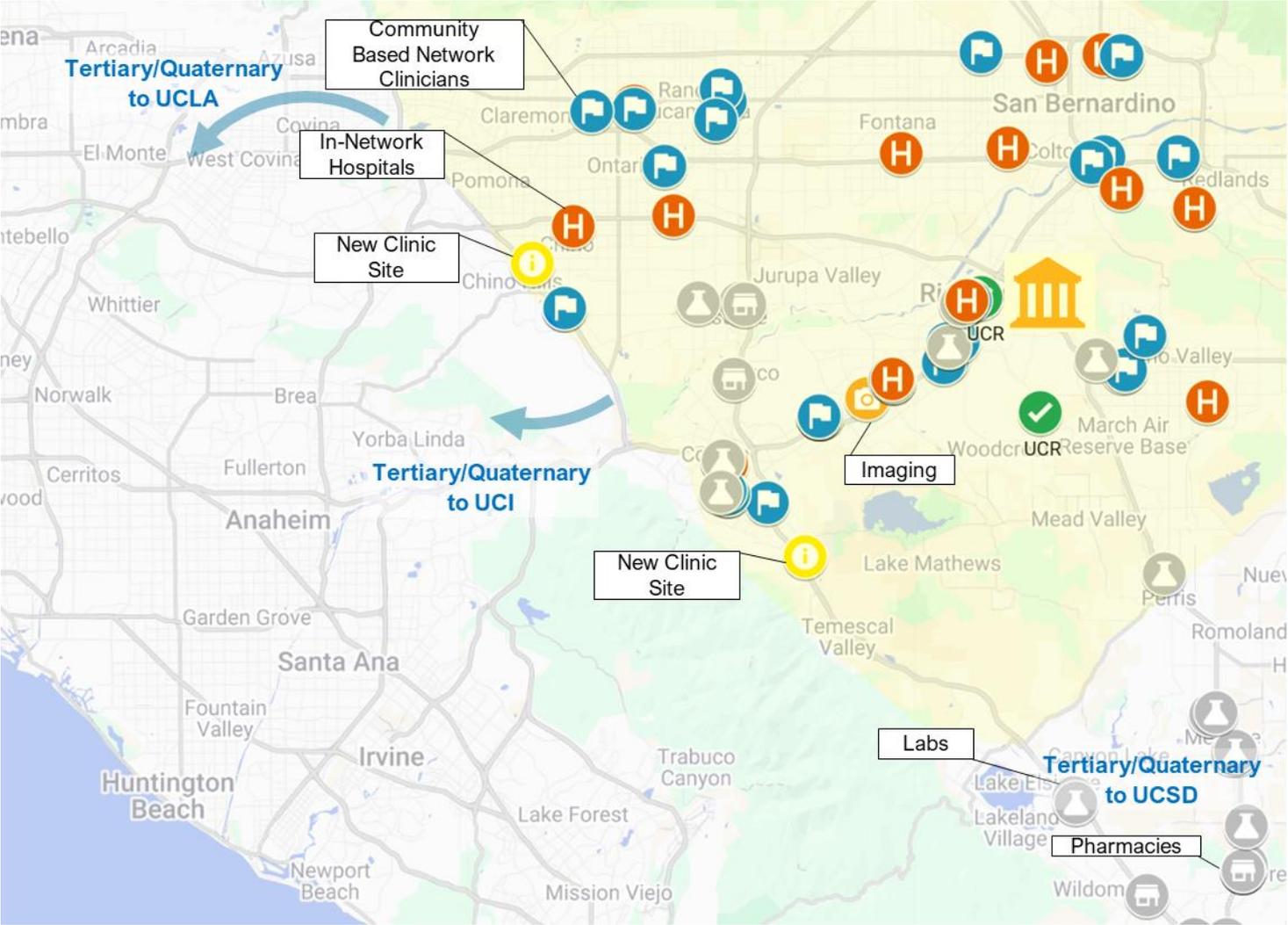
UCR Health | *Riverside South*
19330 Jesse Lane, Suite 100
Riverside, CA 92508



UCR Health | *La Quinta*
La Quinta Valley Plaza
79430 Highway 111, Suite 102
La Quinta, CA 92253



Blue & Gold: Accessible Locations Near You (Feb 2026)



Care Close to Home

- Doctors, specialists, labs, and imaging across the Inland Empire
- New locations opening to make care even more convenient

Simple, Guided Care

- Your primary care doctor helps coordinate everything
- Referrals and follow-ups handled within one connected system

University of California Expertise

- Care delivered by physicians connected to a leading academic health system
- Access to advanced specialists when you need them

Easy to Navigate

- Scheduling support and care teams to help you find appointments quickly
- One system working together on your behalf

Focused on Keeping You Healthy

- Preventive care, screenings, and chronic disease management
- Care designed to keep you well—not just treat illness

UCSD, UCLA, UCI

- Access to specialized care at UCSD, UCLA, and UCI when needed

Building a Healthcare System for the Future



Canyon Springs Campus with Specialty Ambulatory Center

- Envisioned as major academic medical hub
- Land entitled for:
 - Specialty Ambulatory Center
 - 280-bed acute care hospital
 - Dedicated parking structure
 - Separate medical office building
- Enhance access in Inland Empire and broaden Ambulatory Footprint

Target Launch: 2029



Preferred Hospital Partners

If needed, your UCR Health physician helps coordinate hospital care at trusted local hospitals, with access to advanced UC specialists when needed and where available.

- ✓ Riverside Community Hospital
- ✓ Parkview Community Hospital
- ✓ Corona Regional Medical Center
- ✓ Redlands Community Hospital
- ✓ San Antonio Regional Hospital
- ✓ St. Bernardine Medical Center
- ✓ Rancho Springs Hospital
- ✓ Eisenhower Medical Center

Health Net covers most hospitals throughout the nation. Emergencies are always covered at any emergency department through Health Net via EMTALA law. For more info, check your summary of benefits or search online for Health Net Blue & Gold.



Visit UCRHEALTH.ORG

Access our full physician directory & services

Filter Providers

Specialties
Family Medicine

Medical Services
All Services

Provider Name
First or Last Name

Languages
All Languages

Accepting New Patients

Gender
 Male
 Female

[Filter](#)

[Reset](#)



Blanca Campos, MD

Accepting New Patients Board Certified

Family Medicine

UCR Health – Riverside Downtown (Primary Care)
3390 University Avenue, Suite 100
Riverside, CA 92501
844-827-8000

[View Provider Profile](#)

[Make an Appointment](#)



Crystal Glassy, DO

Accepting New Patients Board Certified

Family Medicine

UCR Health – Riverside Downtown (Primary Care)
3390 University Avenue, Suite 100
Riverside, CA 92501
844-827-8000

[View Provider Profile](#)

[Make an Appointment](#)



Kathy Calderon, MD

Accepting New Patients Board Certified

Family Medicine

UCR Health – Riverside Downtown (Primary Care)
3390 University Avenue, Suite 100
Riverside, CA 92501
844-827-8000

[View Provider Profile](#)

[Make an Appointment](#)



Coachella Valley

UCR Health – La Quinta

79430 Highway 111, Suite 102
La Quinta, CA 92253
[Get Directions](#)



Riverside

UCR Health – Riverside Downtown (Primary Care)

3390 University Avenue, Suite 100
Riverside, CA 92501
[Get Directions](#)



Riverside

UCR Health – Riverside Downtown (Specialty Care)

3390 University Avenue, Suite 115
Riverside, CA 92501
[Get Directions](#)



Riverside

UCR Health – Riverside South

19330 Jesse Lane, Suite 100
Riverside, CA 92508
[Get Directions](#)

Now Live: Self-Scheduling

Book your appointment, on your own time.

The screenshot shows the UCR Health website's self-scheduling interface. At the top left is the UCR Health logo. To its right is a search bar with the text "How can we help you?". Further right are links for "UCR Student Health", "Patient Login", "Refer a Patient", "Language", and a phone icon with the number "(844) 827-8000". Below these are navigation links: "Our Locations", "Our Providers", "Our Services", "Patient Resources", and "About Us". A blue button labeled "GET CARE" is on the far right. The main heading is "Make an Appointment". Below this is a light blue banner with the text "If you are experiencing a medical emergency, please call 911 immediately." The page features four blue cards with white text and yellow buttons:

- Appointments On-Demand**: Find a UCR Health primary care provider. View real-time availability and schedule an appointment now. Button: Book Appointment
- Schedule Through MyChart**: Returning patients can book in-person or video visits directly through our patient portal. Button: Log In
- Request an Appointment**: New or returning patient? Start here. Submit a request and we'll help schedule your visit. Button: Start Your Request
- Book by Phone**: New and returning patients can connect with a custom care specialist, Monday - Friday, 7:30 am to 5:30 pm (PST). Button: Call (844) 827-8000



Thank you!

Questions?

